Physical Education Department

East Lake High School

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It is the policy of the East Lake physical education department to follow the procedures and policies established by the school board of Pinellas County and by the Sunshine State Standards established by the Florida State Department of Education.

Participation:

All students are expected to dress out and participate daily in physical education. Participation is a major component of the physical education grade (see: grading policies). The school district requires that a student change clothes for physical education. If a student does not dress out, that student may not participate and will lose participation points. Missed days also result in missed points, but those points can be made up. Make up work is assigned by the individual teacher.

Physical Education Attire:

Students are required to bring a change of clothes for physical education. Shorts, t-shirts, sweatpants, shoes and socks are appropriate for physical education. Students will need to purchase a physical education t-shirt for class. The shirts sell for $6. If this is a hardship, please contact your physical education teacher and arrangements will be made. Covered toe, tennis shoes are a safety requirement. Students will not be considered dressed out and will not be allowed to participate unless they are wearing appropriate shoes.

Lockers:

Each student will be assigned an individual locker. Students will need to bring $4.00 for a lock. Students may not bring locks from home. Students should protect their belongings by not sharing lockers and keeping everything locked up. Students are strongly encouraged not to bring valuables/money to school or to physical education.

Medical Excuses:

If a student has been ill or injured, a parent note can excuse that student from participation for up to 3 days. If a student should not participate in physical education for more than 3 days, a doctors’ note will be required to excuse participation. The instructor will assign makeup work for the duration of the medical excuse. **If your child has a medical condition that may affect them during physical education, please contact your child’s PE teacher.**

Safety:

Each physical education course begins with safety instruction. Dangerous behavior will not be tolerated. If an injury occurs in a physical education class, the instructor should be immediately informed, so that prompt, appropriate action is taken.

Students taking a weight training class are expected to bring a towel to class every day. This requirement is part of an ongoing program to promote good hygiene in the weight room.

Grading Policy:

Students receive a report card every 6 weeks. If a student misses dressing out 4 times during one grading period, the student will fail that grading period.

Physical Education Activity Classes HOPE

50% participation 50% participation

25% written assignment/assessments 50% classroom

25% skill assignments/assessments

Students earn participation points daily. If a student is absent, they will receive zero points for that day, until they turn in the make-up assignment.

Students will be given one week to turn in makeup work from the time of the absence. Students are expected ask their instructor for assignments when they have missed class.

Activity classes will have at least one written test and one skill test each grading period.

HOPE classes meet in the classroom twice a week for lectures and written assignments. The other 2 days are outdoor lab/activity days.

On Wednesdays, the shortened day, all students will dress out and participate in physical activity. The activity schedule will be posted in the locker room.

Discipline policies:

If a student fails to follow ELHS disciplinary guidelines during a physical education class the following consequences will occur:

1st offence: warning

2nd offence: parent contact phone/email

3rd offence: teacher detention

4th offence: referral to administrator

5th and subsequent offences: referral to administrator (appropriate

consequences.)

All students will be administered a fitness test each semester.