**CARE AND PREVENTION**

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| **\*Care and Prevention of Athletic Injuries**  |
| **Course #**  | 15024900  |
| **Grade Level**  | 10-12  |
| **Length**  | 1 semester  |
| **Prerequisite**  | None  |
| **Credit**  | 1/2  |
| The purpose of this course is to provide students with opportunities to acquire knowledge and skill relating to the nature, prevention, care and rehabilitation of athletic injuries that may be used in recreational pursuits today as well as in later life. The content should include knowledge of injury prevention, identification, management, and rehabilitation, knowledge of anatomy and physiology as related to athletic injuries and knowledge of conditioning methods.  |