HOPE COURSE OUTLINE

COURSE REQUIREMENTS

Folder: A folder is required. It must be a 2 pocket folder (with prongs). You must bring folder to class everyday! It will contain class work, notes, tests, etc… Random folder checks will be given throughout the grading period.

Dress out: On the days you are not in the classroom you must dress out meeting the P.E. policy (see policy sheet given out on the 1st day in the gym).

Class work: Bring your paper, pen or pencil, and notebook everyday!

ABSENCES AND MAKE UP WORK

If you are absent it is your responsibility to get your make up work. If you are absent 1 day you will have 1 day to make it up. If you are absent 2 days you have 2 days. If you are absent for an extended amount of time you will need to make an appointment to see me to get your make up work. If you are absent during a day when you are not in the classroom you must write a current event relating to Health or Physical Fitness and turn it in the next day.

LATE WORK

Late work will receive half credit. You have 1 day to make up what you did not turn in and then after that it will be a zero.

TESTS

Tests will be announced ahead of time. The material will be reviewed the day before a test. I will not test you on anything we did not cover in class.

TEXT: Our textbooks are called Prentice Hall Health and Fitness for Life. We will use both books and there will be a class set for both.

GRADING POLICY

Your grade each 6 weeks will be worth 300 points, 150 points for the classroom section and 150 points for the activity section of the class. Your grade in the classroom will be determined by your tests, quizzes, and your notebook. Your grade outside will be determined by your level of participation during each activity. It is your responsibility to keep up with your grades! I will send a progress report home for those who have a D or an F at midterm.

SEMESTER/FINAL EXAM

This is a year round course. You will be able to exempt one semester of this course if you meet the county guidelines for exemption.

If you are a taking the exam you will have a comprehensive multiple choice exam covering the information we covered during the semester.

COME PREPARED TO CLASS EVERYDAY. IF YOU TAKE CARE OF YOUR RESPONSIBLITES FOR THIS CLASS YOU WILL HAVE AN EXCELLENT CHANCE OF BEING SUCCESSFUL.